
Joshua Emanuel Pretsky, M.D.
Barrington Psychiatric Center
1990 South Bundy, #320
Los Angeles, CA 90025
310-826-3235 / pretsky@ucla.edu

EDUCATION

- 1999-2007 LOS ANGELES PSYCHOANALYTIC SOCIETY AND INSTITUTE / NEW CENTER FOR PSYCHOANALYSIS
Psychoanalytic Training Program
- 1999-2000 WEST LOS ANGELES V.A. MEDICAL CENTER / UCLA DEPARTMENT OF PSYCHIATRY
Fellowship: Consultation-Liaison Psychiatry
- 1995-1999 NEW YORK STATE PSYCHIATRIC INSTITUTE / COLUMBIA UNIVERSITY COLLEGE OF PHYSICIANS AND SURGEONS, DEPARTMENT OF PSYCHIATRY
Residency Training Program
- 1991-1995 UNIVERSITY OF CALIFORNIA LOS ANGELES, SCHOOL OF MEDICINE
M.D.
- 1987-1991 UNIVERSITY OF CALIFORNIA LOS ANGELES
B.A., History, Departmental Honors, College Honors, magna cum laude

CERTIFICATION

- 2000 American Board of Psychiatry and Neurology
- 1999 Qualified Medical Evaluator, State of California Industrial Medical Council
- 1999 Medical Board of California, #A068344

ACADEMIC APPOINTMENTS

- 2005 **Assistant Clinical Professor**, Department of Psychiatry, Geffen School of Medicine, UCLA, Los Angeles, CA
- 2003-2005 **Clinical Instructor**, Department of Psychiatry, Geffen School of Medicine, UCLA, Los Angeles, CA

CLINICAL APPOINTMENTS

Current:

St. John’s Hospital Medical Center, Santa Monica, CA
Attending, Medical Staff

Past:

UCLA Neuropsychiatric Institute and Hospital, Los Angeles, CA
Attending, Department of Psychiatry, Medical Staff

UCLA Santa Monica Hospital, Los Angeles, CA
Attending, Medical Staff

Cedars-Sinai Medical Center, Los Angeles, CA
Department of Psychiatry, Attending, Medical Staff

Daniel Freeman Marina Hospital, Los Angeles, CA
Attending, Medical Staff

St. Francis Medical Center, Lynwood, CA
Attending, Medical Staff

TEACHING AND ADMINISTRATION

2010 **Reviewer**, Research Section
Journal of the American Psychoanalytic Association

2010 **Chair**, Recruitment and Retention Committee
UCLA Psychiatry Clinical Faculty Association

2009 **Instructor**, Ego Psychology
New Center for Psychoanalysis

2008-
2007-2008 **Director**, UCLA Psychiatry Clinical Faculty Association
Instructor, Character Development and Pathology
New Center for Psychoanalysis

2006-
2006 **Instructor**, Research Methods in Psychoanalysis
New Center for Psychoanalysis

2006 **Associate Member**, North American Editorial Board
International Journal of Psychoanalysis

2005 **Junior Delegate At-Large**, founding Board of Directors
The New Center for Psychoanalysis

2005 **Member**, Education Committee
New Center for Psychoanalysis

2005-
Member, Curriculum Committee
UCLA Department of Psychiatry Residency Training Program

- 2004- **Course Director**, The Initial Psychiatric Interview for Psychotherapy
UCLA Department of Psychiatry
- 2003-2007 **Chairperson**, Research Committee
Los Angeles Psychoanalytic Society and Institute / New Center for Psychoanalysis
- 2003 **Instructor**, Introduction to the Technique of Psychotherapy
UCLA Department of Psychiatry
- 1999- **Lecturer**, continuing legal education seminars on substance abuse and stress
- 1999 **Instructor**, Psychiatric Medicine I small group sessions, spring semester,
Columbia University College of Physicians and Surgeons
- 1998 **Coordinator**, Elective Seminar: “Problems of Mind and Brain in the
Study of Consciousness,” NYSPI/Columbia University Dept. of Psychiatry

RESEARCH AND PUBLICATIONS

- 2009 Pretsky J, Aizaga K, Cherry S, **“Analytic Practice Patterns Among Psychoanalytic
Institute Graduates: A Bicoastal Comparison,”**
Journal of the American Psychoanalytic Association, 2009; 57(2): 450-451
- 2004 **“The Postgraduate Analytic Study-New Center for Psychoanalysis”**
- 1997-1999 **“Validity and Reliability of the Wallerstein Scale of Psychological Capacities-
Self Report Version for Use in a Psychodynamic Psychotherapy Clinic,”**
Poster Presentation -APA national meeting, 1997. Department of Psychiatry,
Columbia University.
- 1994 Kunievsky B, Pretsky J, Yavin E, **“Transient Rise of Glucose Uptake in the Fetal
Rat Brain After Brief Episodes of Intrauterine Ischemia,”**
Developmental Neuroscience, 1994; 16(5-6): 313-320
- 1993 **“Anxiety and Existential Angst: Two Modern Conceptualizations.”**
Department of Medical Humanities and Psychiatry, UCLA School of Medicine.
- 1989 **“Statistical Correlation of Maternal and Fetal Parameters to the Incidence of
Anencephalic Fetal Presentation.”**
Department of Obstetrics and Gynecology, Los Angeles County USC Medical
Center.

PRESENTATIONS

- 2010 **“Close Process Monitoring in Psychoanalytic Therapy”**
UCLA Department of Psychiatry, Classics Journal Club

- 2010 **“2 Day Workshop: Psychoanalytic Technique”**
Winter Meeting, American Psychoanalytic Association
- 2009 **“Freud’s Classics”**
UCLA Department of Psychiatry, Classics Journal Club
- 2009 **“Heinz Hartmann”**
UCLA Department of Psychiatry, Classics Journal Club
- 2009 **“Into The Wild: A Rite of Passage Gone Wrong”**
New Center for Psychoanalysis Film Series
- 2007 **“Postgraduate Analytic Practice Survey: a Bicoastal Comparison”**
Poster Session, Winter Meeting, American Psychoanalytic Association
- 2007 **“Who are We and What Are We (Really) Doing: Results of the New Center
Postgraduate Analytic Practice Survey”**
New Center for Psychoanalysis
- 2007 **“Christopher Bollas: Clinical Case Supervision”**
New Center for Psychoanalysis
- 2005 **“Substance Abuse: Causes, Consequences and Cures”**
Consumer Attorneys Association of Los Angeles, Annual Convention
- 1999 **“Working with the Adolescent in Psychodynamic Psychotherapy”**
American Psychoanalytic Association Winter Meeting
- 1998 **The Meaning of Suffering: The Psychotherapy of a Patient with Chronic Medical
Illness.”**
Clinical Grand Rounds, New York State Psychiatric Institute

HONORS AND AWARDS

- 2007 **Fellow**, American Psychiatric Association
- 2005 **Stoller Foundation Grant**, Research Career Development
- 2005 **Fellow**, Yale-New Haven Psychoanalytic Research Training Program
- 1999 **Horwitz Award for Clinical Excellence**, Columbia University College of Physicians
and Surgeons, Department of Psychiatry
- 1999 **Fellow**, American Psychoanalytic Association Annual Fellowship Program
- 1999 **Pfizer Resident of the Year Award**
- 1997 **Housestaff Award**, Columbia University
- 1994 **Dean's Scholar**, UCLA School of Medicine
- 1993 **School of Medicine Research Grant**, Department of Psychiatry, UCLA
- 1992 **Karyn Kupciner Summer Research Scholar**, Weizmann Institute of Science, Israel
- 1991 **Phi Beta Kappa**

EMPLOYMENT

- 1999-present **Psychiatry Private Practice**, Brentwood, CA.
General Adult Outpatient Practice. Includes psychopharmacologic and

psychotherapeutic treatment with emphasis on intensive dynamic psychotherapy and psychoanalysis. Consultations to medical and surgical services at various hospitals in West Los Angeles.

- 1999-present **Psychiatrist**, Barrington Psychiatric Center, Los Angeles, CA
Agreed medical evaluations, qualified medical evaluations, treatment evaluations
- 1998-1999 **Staff Psychiatrist**, Project for the Psychiatric Outreach to the Homeless, NY, NY
On-site psychiatrist at a residence for homeless, mentally ill individuals; diagnostic evaluations, psychopharmacologic treatment, psycho-education group, and staff group process facilitator.
- 1997-1999 **Housestaff Psychiatrist**, CPMC Allen Pavilion, New York, NY
Admission evaluations to full-service inpatient psychiatry unit, and emergency consultation to medical-surgical services during evenings and weekends.
- 1998-1999 **Housestaff Psychiatrist**, Lenox Hill Hospital, New York, NY
Evening and weekend admission evaluations, consultation to general medical-surgical services, and assessment and management of inpatients on general psychiatric unit.
- 1997-1998 **Housestaff Psychiatrist**, Gracie Square Hospital, New York, NY
Evening and weekend admission evaluations and assessment and management of inpatients on general psychiatric unit.

MEMBERSHIPS

American Psychiatric Association
American Psychoanalytic Association
International Psychoanalytic Association
New Center for Psychoanalysis
UCLA Psychiatry Clinical Faculty Association